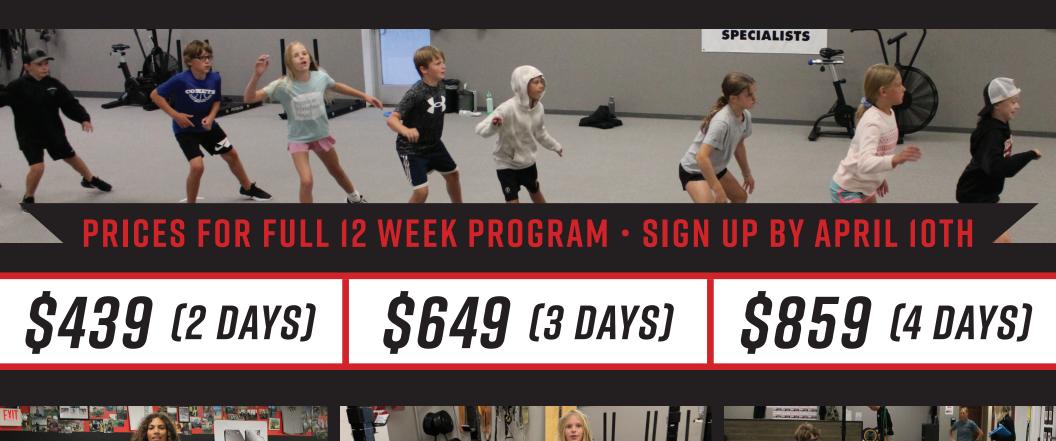
SUIJIETEPROGRAM

STARTS JUNE 2 · 12 WEEK PROGRAM

ADVANCED (9TH GRADE & UP): 3-4 DAYS PER WEEK INTERMEDIATE (6TH-8TH GRADE): 2-3 DAYS PER WEEK YOUTH (3RD-5TH GRADE): 2 DAYS PER WEEK

7:30AM, 9:30AM, 11AM, 1PM YOUTH SESSIONS 60 MINUTES · ADVANCED & INTERMEDIATE SESSIONS 80 MINUTES





100 SPOTS AVAILABLE

ENROLL ONLINE: ALEXNSS.COM/ATHLETE OR CONTACT KAIT LEARY AT KAIT.L@ALEXNSS.COM



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