

# SUMMER

## 2025 ATHLETE PROGRAM

***STARTS JUNE 2 - 12 WEEK PROGRAM***

ADVANCED (9TH GRADE & UP):  
3-4 DAYS PER WEEK

INTERMEDIATE (6TH-8TH GRADE):  
2-3 DAYS PER WEEK

YOUTH (3RD-5TH GRADE):  
2 DAYS PER WEEK

7:30AM, 9:30AM, 11AM, 1PM

YOUTH SESSIONS 60 MINUTES • ADVANCED & INTERMEDIATE SESSIONS 80 MINUTES



**PRICES FOR FULL 12 WEEK PROGRAM • SIGN UP BY APRIL 10TH**

***\$509 (2 DAYS)***

***\$759 (3 DAYS)***

***\$1009 (4 DAYS)***



**100 SPOTS AVAILABLE**

ENROLL ONLINE: [ALEXNSS.COM/ATHLETE](https://ALEXNSS.COM/ATHLETE)  
OR CONTACT KAIT LEARY AT [KAIT.L@ALEXNSS.COM](mailto:KAIT.L@ALEXNSS.COM)



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***SAFE, FUN ENVIRONMENT • QUALITY COACHING • TECHNIQUE FOCUSED***